

Sustainability in the Land of the Maya ES604A Sp2010
Antioch University New England

Itinerary (updated 2010-03-07) DRAFT-DRAFT-DRAFT - activities subject to change

ET= Essential Topic Presentation, NCA=Natural Community Assessment, GS=Guest Seminar or Presentation

A “typical” day will last from approximately 7:45 to 21:00 (in other words, 7:45 a.m. to 9:00 p.m.), unless stated otherwise (see “Miscellaneous but important!” column). We will aim to eat breakfast at about 8:00, lunch at 12:00, and dinner at 18:30, unless otherwise noted below.

Date	Day Activities	Items of interest in this locality	Scheduled Programs	Miscellaneous, but important!	Night and lodging in
Monday March 15	Fly Boston to Cancún Check in hotel, late lunch Visit to Cancun hotel zone and beach Dinner and orientation	Tourism	Orientation over dinner Important note: an overview of next day’s activities will always be done at dinner time	Early morning departure Late lunch Internet and ATM access Long day!	Cancún
Tuesday March 16	Breakfast Travel Cancún to Tulum (~2.5 hours), with a quick stop along the Riviera Maya, contrast a typical tourist experience w/ everyday life of quintanarroenses. Lunch Visit the Tulum Archeological Site Check in at CESIAK Dinner and ET	Tourism and its impacts, significance of Tulum in Maya history, the post-Classic Maya, and trade	ET Trade and Commerce	Bring hat and sunscreen to Tulum	CESIAK (within the Sian Ka’an Biosphere Reserve [hereon BR])

Wednesday March 17	Breakfast Boat tour to explore the Sian Ka'an BR Lunch at CESIAK (13:00) GS (16:00) Dinner and ET	Mangroves, wetlands, history of biosphere reserves, eco-, "eco-," and adventure-tourism. Protected areas management	GS Jeanett Acosta (CONANP) on Sian Ka'an BR ET Geology, Hydrology, and Soils	Bring swimsuit, towel, sunscreen, and water to boat trip. If you bring a camera, bring a dry bag for it. Late lunch	CESIAK
Thursday March 18	Breakfast Field work Lunch Visit Cobá Archeological Site Dinner and ET	Mangroves, significance of Cobá, Classic Maya	NCA Mangroves ET Agriculture and Forestry	Be prepared for field work	CESIAK
Friday March 19	Breakfast (7:00) Travel from Sian Ka'an to Carrillo Puerto Visit the S'ijijil Noh Há Lagoon Community Project, GS Lunch (traditional Maya food at the community) Travel from Carrillo Puerto to Zoh Laguna (~4 hours) Dinner and ET	Land tenure ("ejidos") and community-based conservation	GS Sebastien Proust (U'yo'olche) on community development ET Conservation	Early breakfast Be packed and ready to leave right after breakfast Bring hat, sunscreen, swimsuit and towel (in case swimming is possible) Long day!	Zoh Laguna

<p>Saturday March 20</p>	<p>Breakfast</p> <p>Visit buffer zone of the Calakmul BR: Ejido 20 de Noviembre (including woodworking cooperative)</p> <p>Lunch at 20 de Noviembre (traditional Maya meal)</p> <p>Return to Zoh Laguna</p> <p>Dinner and ET</p>	<p>Present day Maya agriculture (“milpa”), community enterprise development (e.g., community forestry)</p>	<p>GS Elsa Torres (U’yo’olche) on community development and cooperatives</p> <p>ET Climate</p>	<p>Recommend to prepare and rest for the longest day of the trip tomorrow!</p>	<p>Zoh Laguna</p>
<p>Sunday March 21</p>	<p>Early breakfast (6:00)</p> <p>Travel to Calakmul Archeological Site (be ready to leave at 7:00)</p> <p>Field work in Calakmul</p> <p>Lunch</p> <p>Visit Calakmul ruins</p> <p>Depart 15:00 and travel to Campeche (~4 hours)</p> <p>Dinner en route or in Campeche</p>	<p>Tropical semi-deciduous forest, significance of Calakmul, ancient Maya social organization, conflict</p>	<p>NCA Tropical Semi-deciduous Forest</p>	<p>Early breakfast!</p> <p>Be packed and ready to go right after breakfast</p> <p>Be prepared for field work</p> <p>We will carry our own lunch today: fruit, sandwiches, and other healthy-snack-type items. We will also have plenty of water and other drinks</p> <p>Longest day!</p>	<p>Campeche</p>
<p>Monday March 22</p>	<p>Breakfast in historic downtown Campeche</p> <p>Depart 10:00 and travel to Uxmal</p> <p>Lunch</p>	<p>Classic Maya, Puuc architecture, tropical deciduous forest</p>	<p>NCA Tropical Deciduous Forest</p>	<p>Be prepared for field work</p>	<p>Mérida</p>

	<p>Field work</p> <p>Visit Uxmal Archaeological Site</p> <p>Travel to Mérida</p> <p>Dinner</p>				
<p>Tuesday March 23</p>	<p>Breakfast and ET</p> <p>Time on your own to explore Merida (~10:30-14:30). Lunch on your own. Bring receipt for reimbursement and limit meal cost to \$100 (MXN). Do not include alcoholic drinks in it.</p> <p>Travel to Chelem (bus leaves at 15:00)</p> <p>Beach time? If not too windy!</p> <p>Early dinner (17:00) and GS</p> <p>Return to Merida</p>		<p>ET Education, Culture, Language, and Arts</p> <p>GS Betty Faust (IPN) on indigenous people and local knowledge</p>	<p>Laundromat, ATM, and internet café access</p> <p>Bring swimsuit, towel, and sunscreen to Chelem</p>	<p>Mérida</p>
<p>Wednesday March 24</p>	<p>Breakfast</p> <p>Travel to Chichén Itzá</p> <p>Visit Chichen Itzá Archaeological Site with lunch before or after</p> <p>Travel to Ek Balam</p> <p>Short GS on Ek Balam co-op (?) (Discussion and visit with members of cooperative operating “cabañas eco-turísticas” in Ek Balam)</p> <p>Dinner and ET</p>	<p>Significance of Chichen Itzá, classic Maya, cultural tourism. Present day cooperatives, shifting economic activities, federal government participation in indigenous initiatives</p>	<p>ET Political Organization, Law, and Advocacy</p>	<p>Bring hat, sunscreen, and water bottle to Chichén Itzá</p>	<p>Ek Balam</p>

Thursday March 25	<p>Breakfast</p> <p>Visit Ría Lagartos with boat tour (flamingo colony, salt mining, ecotourism)</p> <p>Field work</p> <p>Lunch in the field</p> <p>Return to Ek Balam</p> <p>Dinner and ET</p>	<p>Ecotourism, coastal scrub, mangroves, flamingo ecology, salt mining</p>	<p>NCA Coastal Scrub</p> <p>GS Rodrigo Migoya (Niños y Crías) on education and ecotourism (?)</p> <p>ET Flora and Fauna</p>	<p>Be prepared for field work</p> <p>We will carry our own lunch today: fruit, sandwiches, and other healthy-snack-type items. We will also have plenty of water and other drinks</p>	Ek Balam
Friday March 26	<p>Breakfast</p> <p>Visit Ek Balam Archeological Site</p> <p>Lunch</p> <p>Visit cenote Xcanché</p> <p>Travel to Cancún (~2 hours)</p> <p>Dinner</p>	<p>Karst geology</p>		<p>Bring sunscreen and hat to ruin site</p> <p>Bring swimsuit, towel, and sunscreen to cenote</p> <p>Be prepared to leave for Cancun right after cenote visit</p> <p>Internet café and ATM access</p>	Cancún
Saturday March 27	<p>Early morning transfer to airport. Fly from Cancún to Boston</p>				